

Curriculum Outline 2015-16: P.E.

Key stage 3

8 weeks (8 lessons of each) Tues 2nd Sept – Fri 23rd Oct	2 weeks of indoor athletics XXXX	Mon 16th Nov – Fri 29th Jan	Mon 2st Feb – Fri 22nd Apr	Mon 25th Apr – Thurs 1stth July
Rugby BOYS		Football	Gym	Outdoor Ed
Badminton BOYS		Dance	Volleyball	Striking and fielding
Hockey GIRLS		Basketball	Circuits	Athletics + Sports day prep
Netball GIRLS				

XXXXX = the indoor athletics module will fall in the middle of the first batch of activities- they will act as whole school trials for the NT events. (will be over 4 lessons)

Year 6

Racquet skills and badminton	2 weeks of indoor athletics	Football	Gym	Outdoor Ed
		Dance	Volleyball	Striking and fielding
		Basketball	Circuits	Athletics + Sports day prep
Hockey				

Year 5

All classes will WORK ON A DIFFERENT CYCLE and complete 5 lessons of the following to allow the swimming rota to work.

1 st Cycle	2 nd Cycle	3 rd Cycle	4 th Cycle	5 th Cycle	Summer Cycle
Swim	PBC Football	Cricket	Dance	EB/JL Basic Skills	Cricket
EB/JL Basic Skills	Swim	PBC Football	Cricket	Dance	Rounders
Dance	EB/JL Basic Skills	CF Swim	PBC Football	Cricket	Softball
Cricket	Dance	EB/JL Basic Skills	Swim	PBC Football	Athletics
PBC Football	Cricket	Dance	EB/JL Basic Skills	Swim	OAA