

# Physical Education Programme of study 2017-18

## Key stage 3

8 weeks (8 lessons of each) <b>Mon 4th Sept – Fri 3<sup>rd</sup> Nov</b>	2 weeks of indoor athletics XXXX	9 weeks (6 lessons of each) <b>Mon 6<sup>th</sup> Nov – Fri 2<sup>nd</sup> Feb</b>	9 weeks (6 lessons of each) <b>Mon 5<sup>th</sup> Feb – Fri 27<sup>th</sup> Apr</b>	9 weeks (6 lessons of each) <b>Mon 30<sup>th</sup> Apr – Fri 6<sup>th</sup> July</b>
Rugby BOYS		Football	Gym	Outdoor Ed
Badminton BOYS		Dance	Volleyball	Striking and fielding
Hockey GIRLS		Basketball	Circuits	Athletics + Sports day prep
Netball GIRLS				

XXXXX = the indoor athletics module will fall in the middle of the first batch of activities- they will act as whole school trials for the NT events. (will be over 4 lessons) Will take place during adverse weather so will have no fixed date.

## Year 6

Racquet skills and badminton	2 weeks of indoor athletics XXXX	Football	Gym	Outdoor Ed
		Dance	Volleyball	Striking and fielding
		Basketball	Circuits	Athletics + Sports day prep
Hockey				

## Year 5

All classes will WORK ON A DIFFERENT CYCLE and complete 5 lessons of the following to allow the swimming rota to work.

1 <sup>st</sup> Cycle	2 <sup>nd</sup> Cycle	3 <sup>rd</sup> Cycle	4 <sup>th</sup> Cycle	5 <sup>th</sup> Cycle	Summer Cycle
Swim	Football	Cricket	Dance	Basic Skills	Cricket
Basic Skills	Swim	Football	Cricket	Dance	Rounders
Dance	Basic Skills	Swim	Football	Cricket	Softball
Cricket	Dance	Basic Skills	Swim	Football	Athletics
Football	Cricket	Dance	Basic Skills	Swim	OAA