

Physical Education Curriculum Outline 2018-19

Key stage 3

8 weeks (8 lessons of each) Tues 4th Sept – Fri 3rd Nov	2 weeks of indoor athletics XXXX	9 weeks (6 lessons of each) Mon 19th Nov – Fri 1st Feb	9 weeks (6 lessons of each) Mon 4th Feb – Fri 26th Apr	9 weeks (6 lessons of each) Mon 29th Apr – Fri 12th July
Rugby BOYS		Football	Gym	Outdoor Ed
Badminton BOYS		Dance	Volleyball	Striking and fielding
Hockey GIRLS		Basketball	Circuits	Athletics + Sports day prep
Netball GIRLS				

XXXXX=the indoor athletics module will fall in the middle of the first batch of activities- they will act as whole school trials for the NT events. (will be over 4 lessons) Will take place during adverse weather so will have no fixed date.

Year 6

Racquet skills and badminton	2 weeks of indoor athletics XXXX	Football	Gym	Outdoor Ed
		Dance	Volleyball	Striking and fielding
		Basketball	Circuits	Athletics + Sports day prep
Hockey				

Year 5

All classes will WORK ON A DIFFERENT CYCLE and complete 5 lessons of the following to allow the swimming rota to work.

1 st Cycle	2 nd Cycle	3 rd Cycle	4 th Cycle	5 th Cycle	Summer Cycle
Swim	Football	Cricket	Dance	Basic Skills	Cricket
Basic Skills	Swim	Football	Cricket	Dance	Rounders
Dance	Basic Skills	Swim	Football	Cricket	Softball
Cricket	Dance	Basic Skills	Swim	Football	Athletics
Football	Cricket	Dance	Basic Skills	Swim	OAA